

In recent years, there has been a rise in the use of performance-enhancing drugs in sports. What are the consequences of using such drugs for athletes? What measures should be taken to combat this issue?

In recent years, the use of performance-enhancing drugs in sports has increased. In this essay, I will outline the consequences of using them, as well as the measures that should be taken to combat this issue. ✓

Using drugs in sports has a negative impact on athletes' physical health. These drugs may contain harmful substances, which can damage their bodies. Therefore, they may develop serious illnesses, such as heart disease, and high blood pressure, and may even die. In addition, using these substances may ruin athletes' futures. Taking them can give athletes an unfair advantage, which means cheating. If their drug use is detected, they may be banned from sports competitions. Therefore, they lose their chance to have a successful career in sports. For example, ~~athletes who are banned from competitions may have to leave professional sports and choose another career to make a living.~~ Shahpari Gholamrezaiee, a famous Iranian tennis player, was caught doping in 2002 and was banned from national competitions, as a result of which she had to leave professional tennis and is now a cook in a restaurant.

To combat ~~this issue~~ doping, the ~~sports~~ world of sports can introduce strict regulations. They can make rules for participating in different kinds of sports, such as basketball, soccer and

wrestling, to ban the use of drugs. Athletes will avoid ~~using drugs~~it because they are afraid of being banned. Furthermore, sports organizations can employ medical experts and scientists to test athletes. They can use ~~technological~~ high-tech devices to detect drugs before competitions, so athletes ~~may be~~ are less likely to cheat.

In conclusion, the use of performance-enhancing drugs in sports can cause serious physical health problems and ruin athletes' futures, as well. To combat this issue, the ~~sports~~ world world of sports can introduce strict regulations and employ medical experts and scientists to check them before competitions.

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To combat doping, the world of sports can introduce strict regulations to ban the use of drugs in different kinds of sports, such as basketball, soccer and wrestling. Sports organizations can employ medical experts and scientists, and use high-tech devices to test athletes and detect

drugs before competitions. As a result, athletes are less likely to use them to avoid being banned. Another possible solution is to educate the society about the dangers of doping...