

More and more people are choosing to have cosmetic surgery in order to improve their appearance.

Why is this happening?

Do you think this a positive or negative development?

Cosmetic surgery is becoming increasingly common so that people improve their appearance.

In this essay, I will outline the reasons for this ~~topic~~ trend, as well as why I strongly believe it is

a negative ~~trend~~ due to ~~healthcare~~ health issues.

One reason is that social media encourages people to have cosmetic surgery. Nowadays,

people are occupied with ~~technological~~ platforms, such as Instagram and YouTube.

~~Consequently, the use of social media is increasing and, so has they have~~ a big influence on

~~people's~~ everyday ~~people's~~ lives. ~~Hence, it has a significant impact on individuals', especially~~

~~their~~ choices. Since there are lots of advertisements ~~there~~ for improving appearance, ~~people~~

~~they~~ are encouraged to have cosmetic surgery, such as rhinoplasty, facelift, and liposuction. In

addition, competition among cosmetic surgery clinics is increasing. At present, some doctors

have a large amount of income from such surgeries. Unfortunately, on some occasions, they

give money to media organizations so that they report in their favor. Therefore, more and

more individuals are deceived and choose to have cosmetic surgery to become more beautiful

and fit instead of using ~~positive~~ more effective methods.

Commented [ET1]: It is becoming more common for people to have/undergo cosmetic surgery so that they can improve their appearance.

While some people argue that people who want to have cosmetic surgery are able to achieve

their goals in a short time, I strongly believe that ~~it is a negative way. These kinds of these~~

~~surgeries have lots of disadvantages for physical health. As we see these days, some people,~~

~~especially younger ones prefer to have cosmetic surgery instead of improving their~~

~~appearance in a positive way and long-lasting effect, like exercising and eating healthy food.~~

~~For instance, most obese people choose to have liposuction and become fit for a short time.~~

~~Since they do not change their lifestyle, they would return to their previous unhealthy~~

~~lifestyle. As we see these days, some people, especially younger ones, prefer to have cosmetic~~

~~surgery instead of improving their appearance in a positive way with long-lasting effects. For~~

~~instance, most obese people choose to have liposuction and become fit for a short time~~

~~instead of exercising and eating healthy food. Since they do not change their lifestyle, they~~

~~would return to their previous unhealthy conditions. Thus, such a negative trend has a lot of~~

~~drawbacks in their lives and it has a negative impact on people's health, which is the most~~

~~essential aspect. Thus, they gradually become sick with heart problems and high blood~~

~~pressure, as well as issues like depression.~~

In conclusion, since biased advertising has become common and people are influenced by

social media, more and more people follow this negative trend, which is detrimental to their

physical and mental health.

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