

Many people feel that students should learn from online materials, while others feel that it is better to use printed materials. Discuss both views and give your own opinion.

Whereas many individuals think that students should learn from online materials, others think that it is better to use printed ones. In this essay, I will outline both views before explaining why I strongly believe that printed materials have a positive impact on students' mental health.

In my opinion, online materials can have negative effects on students' physical health. If they want to learn with digital materials, they have to use different kinds of digital devices, such as laptops, mobile phones, and tablets, which may cause eye problems. Therefore, students who spend lots of time reading on these devices for their daily tasks and homework can become exhausted and tired, and this may have a negative influence on their efficiency. In addition, if students want to read or study online materials, they need to have large-screen devices, like laptops or tablets. Since these devices may cost a lot and are not affordable for everyone, some families are not able to buy them for their children.

From my perspective, printed materials have a positive impact on students' mental health.

Since they can smell and feel the texture, they may feel more pleasant. Turning the pages can have some benefits for their emotional health, as it creates a sense of tranquility and decreases stress and anxiety. Furthermore, printed books are useful for all students, especially

Commented [ET1]: In Apple and Orange arguments like this one, you are supposed to defend both sides, not support one and attack another. You give reasons for the side you disagree with and then refute them.

E.g.
Reason 1: easy access
Reason 2: less expensive

Refute:
1. Only need material at home and school > not a big deal!
2. need devices to access > actually more expensive

those who have disabilities. Some students are blind, so they may have difficulty using some online materials. However, when they use suitable printed materials, they can read and study in a similar way to others.

In conclusion, because printed materials can create a sense of tranquility and can be useful for students with different needs, I firmly believe that they are better than online ones for students.