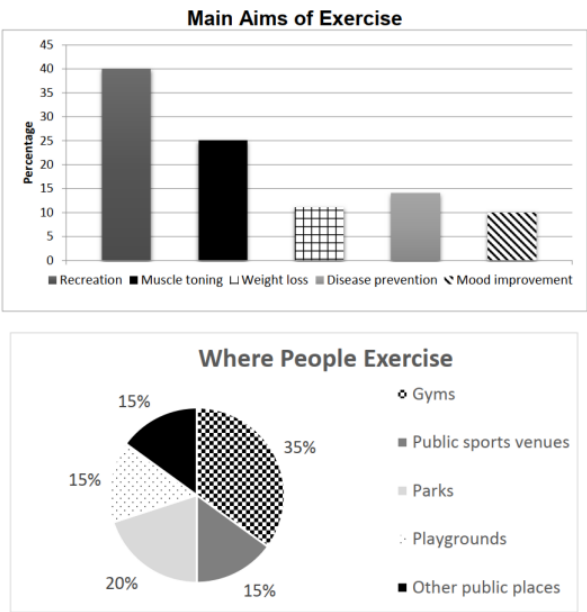


The charts below show the results of a survey of the primary exercise objectives and locations of a selected group of adults between 20 and 40 years of age.

Summarise the information by selecting and reporting the main features and make comparisons where relevant.



The bar chart compares the results of a survey on the main aims of exercise among a selected group of adults between 20 and 40 years of age. In terms of [the](#) main aims of exercise, there is a wide disparity between recreation and muscle toning on the one hand, and weight loss, disease prevention and mood improvement on the other. The figure for recreation ranks first at 40%, followed by muscle toning in second place at 25%. Disease prevention is approximately half as high (13%). The figure for weight loss is higher than mood improvement by a narrow margin ([11% and 10%, respectively](#)), as the latter ranks last.

Commented [ET1]: Disease prevention is approximately half as high (13%), while the figure for weight loss is higher than mood improvement by a narrow margin (11% and 10%, respectively), as the latter ranks last.

Regarding where people exercise, [the share of](#) gyms ~~are~~[is](#) considerably higher than other locations, as [the former](#) ranks first at 35%, followed by parks in second place at 20%. Public sports venues, playgrounds and other public places are [similar](#)~~equal~~ at 15%, ranking last [together](#). Overall, gyms are [by far](#) the most popular place for exercising, while public sports venues, playgrounds and other public places are equally popular, ranking last.

TA 7	
CC 7	
LR 7	
GRA 7	

The figure for recreation ranks first at 40%, followed by muscle toning in second place at 25%. The share of disease prevention is approximately half as high (13%). Weight loss accounts for 11%, whereas mood improvement is smaller by a narrow margin of 1%, ranking last.